

# Media Kit

## MEDIA CONTACT

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## BACKGROUND

Forum Health provides patients unprecedented access to their growing network of integrative medicine providers that use a collaborative, individualized, evidence-based approach to healthcare focusing on the underlying causes of disease and symptoms. We use the most advanced testing and treatments available for people that want to break free from the confines of their chronic condition or those looking to take their health from good to great.

About 60% of U.S. adults suffer from a chronic condition<sup>1</sup> — most of which are modifiable or reversible. Their treatment accounts for 90% of annual healthcare expenditures.<sup>2</sup>

## THE COMPANY HAS THREE MAJOR COMPONENTS:

**Forum Health Partners LLC**, which represents our medical practices.

**Forum Health Technology LLC**, which offers Power2Practice electronic medical record (EMR) software. The EMR is used by about 1,100 medical professional users across 500 practices, generating billions of longitudinal data points on more than a million patients.

**Inwell Biosciences LLC**, which offers Forum Health's line of professional-grade dietary supplements. The physician-curated product line includes purposeful supplements for nutrition, cognition, immune health, and more.

## FAST FACTS

### Corporate Offices

- Salt Lake City, UT (HQ)
- Oak Brook, IL
- Flint, MI

### Medical Practices

- Akron, OH
- Asheville, NC
- Austin, TX
- Bloomingdale, IL
- Boca Raton, FL
- Chicago, IL
- Clarkston, MI
- Coppell, TX
- Fitchberg, WI
- Fond du Lac, WI
- Greenville, SC
- Knoxville, TN
- Las Colinas, TX
- Modesto, CA
- Novi, MI
- Orem, UT
- Rochester Mills, MI
- Santa Rosa, CA
- Shelby, MI
- Tampa, FL
- West Bloomfield, MI
- West Jordan, UT

**270+ Employees**

1. National Center for Chronic Disease Prevention and Health Promotion, "About Chronic Diseases," Centers for Disease Control and Prevention, [cdc.gov/chronicdisease/about/index.htm](https://www.cdc.gov/chronicdisease/about/index.htm).

2. National Center for Chronic Disease Prevention and Health Promotion, "Health and Economic Costs of Chronic Diseases," Centers for Disease Control and Prevention, [cdc.gov/chronicdisease/about/costs/index.htm](https://www.cdc.gov/chronicdisease/about/costs/index.htm).

# Boilerplates

## ABOUT FORUM HEALTH

Forum Health LLC is a nationwide network of personalized healthcare providers. They listen and dig deep — exploring lifestyle, environment, and genetics to help each patient achieve their health goals. Members have access to advanced medical treatments and technology, with care plans informed by data analytics and collaborative relationships. To learn more, visit [forumhealth.com](https://forumhealth.com).

## ABOUT FORUM HEALTH TECHNOLOGY

Forum Health Technology LLC offers the robust Power2Practice® electronic medical record (EMR) platform — specially designed for precision health. Practitioners can see patient charts, order supplements, track lab results and IV therapies, and more. Extensive real-time data from Power2Practice helps practices design personalized care plans according to validated clinical protocols. To learn more, visit [power2practice.com](https://power2practice.com).

## ABOUT INWELL BIOSCIENCES

Inwell Biosciences LLC is the nutrition science company of Forum Health, offering a physician-curated line of dietary supplements to help people achieve optimal wellness. Inwell is focused on quality — using the latest data and insight, pure ingredients, targeted formulations, and clinically relevant dosing. Inwell's product line includes purposeful supplements for nutrition, cognition, immune health, and more. To learn more, visit [inwellbio.com](https://inwellbio.com).

# Specialties

## SPECIALTIES

- Acne
- Aesthetics
- Addiction
- Adrenal Fatigue
- Alcohol Dependence
- Allergies
- Alzheimer's Disease
- Amyotrophic Lateral Sclerosis (ALS)
- Andropause
- Anorexia
- Anxiety
- Arthritis
- Attention-Deficit Disorder (ADD)
- Autism
- Autoimmunity
- Bulimia
- Cancer
- Celiac Disease
- Chronic Fatigue Syndrome
- Chronic Pain
- Constipation
- COVID-19
- Crohn's Disease
- Depression
- Detox Management
- Diabetes
- Diet & Nutrition
- Digestive Issues
- Eating disorders
- Epstein-Barr Virus
- Erectile Dysfunction
- Exercise
- Fatty Liver Disease
- Female Sexual Health
- Fibromyalgia
- Food Allergies, Intolerances and Sensitivities
- Graves' Disease
- Hair Loss
- Hashimoto's Disease
- Headaches
- Heart Health
- Heavy Metal Toxicity
- High Blood Pressure
- High Cholesterol (Lipid Disorders)
- Hormone Imbalance
- HPA Axis Dysfunction
- Inflammatory Bowel Disease (IBD)
- Injury Rehabilitation
- Irritable Bowel Syndrome (IBS)
- Joint Pain
- Leaky Gut Syndrome
- Lipid Disorders
- Low Testosterone
- Lupus
- Lyme Disease
- Memory Loss
- Menopause
- Men's Health
- Metabolic Syndrome
- Migraines
- Mold Toxicity
- Multiple Sclerosis (MS)
- Neuropathy
- Obesity
- Obsessive Compulsive Disorder (OCD)
- Obstructive Sleep Apnea
- Osteoporosis
- Painful Intercourse
- PANDAS
- Parkinson's Disease
- Polycystic Ovarian Syndrome (PCOS)
- Prolongevity
- Rheumatoid Arthritis (RA)
- Sexual Health
- Sleep Disorders
- Stress Management
- Thyroid Conditions
- Toxin and Mold Exposure
- Traumatic Brain Injury (TBI)
- Ulcerative Colitis
- Urinary Incontinence
- Vaginal Dryness
- Weight Gain
- Women's Health

# Treatments

## TREATMENTS

- Amino Acid Addiction Drip
- Bioidentical Hormone Replacement Therapy (BHRT)
- Bone Density Scanning
- Botox® Cosmetic Treatment
- BrainRx
- BrainTap® Guided Visualization
- BrainTap Neural Synchronization
- Bredesen Protocol
- Chemical Peel
- Cold Laser Therapy
- Dermal Fillers
- Dermaplaning
- Diet and Nutrition Counseling
- Dietary Supplements - Nutraceuticals
- Emerging Therapies
- Environmental Medicine
- Exosome Therapy
- Fractora™ Laser Skin Resurfacing
- GAINSWave® Shockwave Therapy
- GDRx - The Gut Detox Program
- Glutathione IV Therapy
- Hair Restoration with PRP
- HCG Weight Loss Protocol
- Healthy Heart IV Therapy
- High-Dose Vitamin C IV Therapy
- HOCATT® Ozone Sauna Therapy
- HydraFacial
- Hyperbaric Oxygen Therapy
- Immune Cocktail
- Immune Health Assessment
- IV Chelation Therapy
- IV Ketamine-Assisted Psychotherapy
- IV Myers' Cocktail
- IV Nutrition Therapy
- IV Optimization
- IV Ozone Therapy
- IV Silver Protocol
- IV Therapy
- Keto Diet
- Laser Therapy
- Low-Dose Immunotherapy (LDI)
- Mona Lisa Vaginal Rejuvenation
- Nutrition Counseling
- Pellet Hormone Therapy
- Penile Rejuvenation Shot
- Peptide Therapy
- Plaquex® IV Therapy
- Platelet-Rich Plasma (PRP) Therapy
- Power Up IV Therapy
- Pulsed Electromagnetic Field (PEMF) Therapy
- Radiate + Glow IV Therapy
- Rea's Cocktail IV Therapy
- Recovery Cocktail IV Therapy
- Renewed Energy IV Therapy
- Skincare Products
- SkinPen II Microneedling
- SphenoCath® Treatment
- STI Screening
- Super Immune Cocktail IV Therapy
- Supplements
- Supportive Oligonucleotide Technique (SOT)
- Testosterone Pellet Therapy – TRT Therapy
- Therapeutic Phlebotomy
- Tomatis® Method Listening Therapy
- Trigger Point Therapy
- TruSculpt 3D® Body Contouring
- Viral Zap IV Therapy
- Vital NAD+ Therapy
- Vaginal Rejuvenation Shot
- Vaginal Rejuvenation
- Votiva Vaginal Rejuvenation
- Xeomin

# Quotes

## WHY FORUM HEALTH?

“The name Forum Health came from the critical importance of creating a medical forum of great minds across the country. We think of it as a neuronetwork of minds across the country that can come together. That’s where true change can be made: when you’ve got great minds working together to take their knowledge and their information to the masses.”

— Phil Hagerman (CEO)

“I’m often asked what sets Forum Health apart. The first thing is we are approachable. We really want to partner with our patients. Because this is revolutionary, actually. Once we make healthcare approachable, we’re going to make it actionable for patients to really get all the solutions they need to address the root cause and get to that end goal, which is living a life they’ve always wanted for themselves.”

— Shilpa P. Saxena, MD (Chief Medical Officer)

## OUR PHILOSOPHY ON PATIENT CARE

“The definition of health is different based on who’s sitting right across from me. My goal is to figure out what it means to each person I serve.”

— Shilpa P. Saxena, MD (Chief Medical Officer)

“When we work together as physicians — when you have colleagues that you say, ‘What about this?’ and together there’s a spark of, ‘Oh, maybe that’s why’ — it’s really exciting. But the real moment is when you can get together with the patient and say, ‘Let’s try this,’ and they come back and say, ‘I have never felt whole before. This is the first time ever.’”

— Andrew Petersen, DO (Chief of Staff)

**Additional quotes or interviews available by request.**

# Leadership Team

Forum Health leaders are seasoned healthcare professionals and practicing physicians. Their expertise comes from decades in healthcare administration, pharmacy, technology, and management.



## **PHIL HAGERMAN, CHAIRMAN AND CEO**

Phil serves as CEO for Forum Health, providing oversight and supporting the leadership team in connecting with investors.

Phil has more than 40 years of healthcare experience. He co-founded Diplomat Pharmacy with his father in 1975. Phil led the company as chairman and CEO for 27 years until his retirement in 2018. Diplomat grew into the nation's largest independent provider of specialty pharmacy services and went public in October 2014.



## **ADAM PUTTKAMMER, PRESIDENT**

Adam streamlines operations and business models to drive Forum Health objectives — ensuring the best service for practitioners, patients, and partners.

Passionate about advancing precision health, Adam brings more than 15 years of leadership experience in healthcare operations, nutraceuticals, and software development. He has received several awards from physicians and led the successful launch of a new satellite lab.

Adam earned his Master of Business Administration from National Louis University.



## **ANDREW PETERSEN, DO, CHIEF OF STAFF**

Dr. Petersen specializes in areas where he believes conventional approaches fall short. These include hormonal imbalances, hypothyroidism, chronic fatigue syndrome, diabetes, fibromyalgia, metabolic disorders, Lyme disease, and neurodegenerative conditions.

Before joining Forum Health, Petersen shaped his treatment philosophy as a hospital chief of staff in rural Texas. He brings more than 15 years of physician experience.

Petersen is a fellow of the American Academy of Anti-Aging Medicine. He completed the organization's fellowship in stem cell therapy. He also serves on the board of the International Lyme and Associated Diseases Society.



## **SHILPA SAXENA, MD, CHIEF MEDICAL OFFICER**

Dr. Saxena is a board-certified family physician with more than 15 years' experience in integrative and functional medicine. She is internationally known for her contributions to the lifestyle-based group medical appointment model.

Saxena is on faculty at the Institute for Functional Medicine, as well as George Washington University's Metabolic Medicine Institute. She's a fellow of the University of Arizona Center for Integrative Medicine. She's also a volunteer assistant professor of family medicine and community health at the Osher Center for Integrative Medicine at the University of Miami Miller School of Medicine.



## **LISBETH ROY, DO, CHIEF STRATEGY OFFICER**

Dr. Lisbeth Roy graduated Summa Cum Laude, from Colby-Sawyer College in New Hampshire and achieved her Doctor of Osteopathic Medicine degree at the University of New England College of Osteopathic Medicine. She is a graduate of the Anti-Aging, Functional and Regenerative Medicine Fellowship Program, and a participant in the Stem Cell Therapy Fellowship Program.

She is Board Certified in Anti-Aging, Functional and Corrective Medicine and an active member of the American Academy of Anti-Aging Medicine (A4M), Institute of Functional Medicine (IFM), Sexual Medicine Society of North America (SMSNA), and International Society for the Study of Women's Sexual Health (ISHWSH).